



SAILING INSTRUCTIONS

2022 Dinghy Classes Western Cape Regional Championship Incorporating the 2021 Mirror Class National Championship

SAILING INSTRUCTIONS

Sanctioned 14 March 2022

1 COMMUNICATIONS WITH COMPETITORS

- 1.1 Notices to competitors will be posted on the Official Notice Board located at <https://www.sailing.org.za/events/132463/> and the Western Cape Champs WhatsApp Notice Board (<https://chat.whatsapp.com/BqRPfdpqkaBAGYnPsgjB0g> or scan the QR code below). All boats must register on the Regatta WhatsApp Official Notice Board for registration.



- 1.2 The race office is located at Theewater Sports Club, telephone 028 840 1334, email sailingevents@theewater.co.za.
- 1.3 While racing, except in an emergency, a boat shall not make voice or data transmissions and shall not receive voice or data communication that is not available to all boats.

2 CHANGES TO SAILING INSTRUCTIONS

Any change to the sailing instructions will be posted no later than 90 minutes before the first start on the day it will take effect, except that any change to the schedule of races will be posted by 19h00 on the day before it will take effect.

3 Not Used

4 SIGNALS MADE ASHORE

- 4.1 Signals made ashore will be displayed on the flagpole at the Bridge Hut.
- 4.2 When flag AP is displayed ashore, "1 minute" is replaced with "not less than 30 minutes" in Race Signals AP.

5 CLASS FLAGS AND INITIAL STARTING ORDER

5.1 Course 1 (Pennant 1).

Class flags and the initial order of starting will be as follows:

| | | |
|---|-------------------|--|
| ILCA 7, 6 & 4 | White Laser flag | Start - 1 - 2 - 3 - 1 - 3 - 1 - 2 - 3 - Finish |
| Open 1: 505, Fireball, 420 Sonnet, 470, 29ers, etc | Blue with red dot | Start - 1 - 2 - 3 - 1 - 3 - 1 - 2 - 3 - Finish |

5.2 Course 2 (Pennant 2).

Class flags and the initial order of starting will be as follows:

| | | |
|---------------------------------------|----------------------|--|
| Dabchick | Yellow Dabchick flag | Start - 1 - 2 - 3 - 2 - 3 - 2 - 3 - Finish |
| Mirror | Red Mirror flag | Start - 1 - 4 - 1 - 4 - 1 - 2 - 3 - Finish |
| Open 2: Topaz, RS Tera, Sprog, etc | Topaz flag | Start - 1 - 2 - 3 - 2 - 3 - Finish |
| Optimist A} | White Optimist flag | Start - 1 - 4 - 1 - 2 - 3 - Finish |
| + Optimist B} | White Optimist flag | Start - 1 - 2 - 3 - Finish |

6 COURSES

- 6.1 The diagrams in SI Addendum 1 show the courses, including the approximate angles between legs, the order in which marks are to be passed, and the side on which each mark is to be left.
- 6.2 Course 1 will be used for the "big" boats which typically include Lasers, 505's Finns, Sonnets, Fireballs, 470's, 420's, etc. Course 1 (Pennant 1) will be located South of the Bridge Hut towards the Dam Wall.
- 6.3 Course 2 will be used for the "small" boats which typically include Optimists, Mirrors, Dabchicks, RS Tera's, Topaz's, etc. Course 2 (Pennant 2) will be located in front of the Bridge Hut.

7 MARKS

- 7.1 Rounding marks for Course 1 will be large yellow cylindrical inflatable buoys and for Course 2 will be tall thin yellow inflatable pencil buoys.
- 7.2 The starting and finishing marks will be the race committee signal vessel and nearby round red or pink buoys.
- 7.3 All rounding marks to be left to port.

8 THE START

- 8.1 The starting line will be between a staff displaying an orange flag on the signal vessel at the starboard end and the course side of the port-end starting mark.
- 8.2 To alert boats that a race or sequence of races will begin soon, the orange starting line flag will be displayed with one sound at least five minutes before a warning signal is made.
- 8.3 Boats whose warning signal has not been made shall avoid the starting area during the starting sequence for other races.
- 8.4 A boat that does not start within 4 minutes after her starting signal will be scored Did Not Start without a hearing. This changes RRS A5.1 and A5.2.

9 CHANGE OF THE NEXT LEG OF THE COURSE

To change the next leg of the course, the race committee will move the original mark or the finishing line to a new position.

10 THE FINISH

- 10.1 Course 1: The finishing line will be between a staff displaying a blue flag on the signal vessel (same as start vessel) at the starboard end and the course side of the port-end finishing mark.
- 10.2 Course 2: The finishing line will be between a staff displaying a blue flag on the signal vessel (separate finish vessel – see course diagram) at the port end and the course side of the starboard-end finishing mark.

11 SHORTENING COURSE

In addition to the provisions of RRS 32, the race committee may also signal a shortened course by displaying flag F with repeated sounds. On this signal boats shall round mark 3 as required to sail the course, and thereafter proceed directly to the finishing line. This signal shall be made before the first boat reaches mark 3 and shall continue to be made until all boats still racing have passed these marks. This changes RRS 32.

12 TIME LIMITS

Boats failing to finish within 15 minutes after the first boat in her class sails the course and finishes, and not subsequently retiring, being penalised or given redress, will be scored Time Limit Expired (TLE) without a hearing. A boat scored TLE shall be scored points for the finishing place one more than the points scored by the last boat that finished within this time limit. This changes RRS 35, A5.1, A5.2 and A10.

13 HEARING REQUESTS

- 13.1 For each course, the protest time limit is 45 minutes after the last boat on that course finishes the last race of the day or the race committee signals no more racing today, whichever is the later. The time will be posted on the official notice board.
- 13.2 Hearing request forms are available from the race office.

- 13.3 Notices will be posted no later than 30 minutes after the protest time limit to inform competitors of hearings in which they are parties or named as witnesses. Hearings will be held in the protest room, located at TSC Training Room, or remotely, as instructed by the race office, beginning at the time posted.

14 SCORING

- 14.1 4 races are required to be completed to constitute a series.
- 14.2 (a) When fewer than 5 races have been completed, a boat's series score will be the total of her race scores.
(b) When from 5 to 9 races have been completed, a boat's series score will be the total her race scores excluding her worst score.
(c) When 10 or more races have been completed, a boat's series score will be the total of her race scores excluding her two worst scores.

15 SAFETY REGULATIONS

- 15.1 All competitors shall wear a personal flotation device capable of supporting a 5 kg steel weight at all times while afloat, except briefly while changing or adjusting clothing or personal equipment.
- 15.2 A boat that retires from a race shall notify the race committee at the first reasonable opportunity.

16 REPLACEMENT OF CREW OR EQUIPMENT

- 16.1 Substitution of competitors is not allowed without prior written approval of the race committee.
- 16.2 Substitution of damaged or lost equipment will not be allowed unless approved by the race committee. Requests for substitution shall be made to the committee at the first reasonable opportunity, which may be after the race.

17 EQUIPMENT AND MEASUREMENT CHECKS

- 17.1 A boat or equipment may be inspected at any time for compliance with the class rules, notice of race or sailing instructions.
- 17.2 When instructed by a race official on the water, a boat shall proceed to a designated area for inspection.

18 SUPPORT PERSON VESSELS

Support person vessels shall stay outside of the course (as shown on the course diagram) and at least 50m from boats racing.

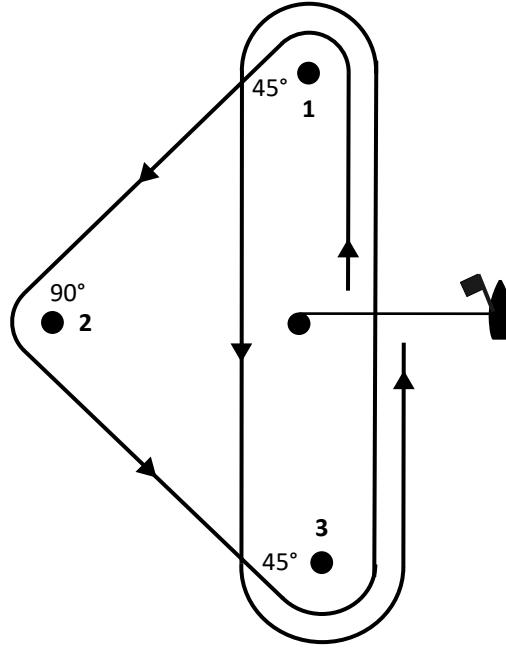
19 TRASH DISPOSAL

Trash may be placed aboard official or support person vessels.

ADDENDUM 1

COURSE 1 – NUMERAL PENNANT 1

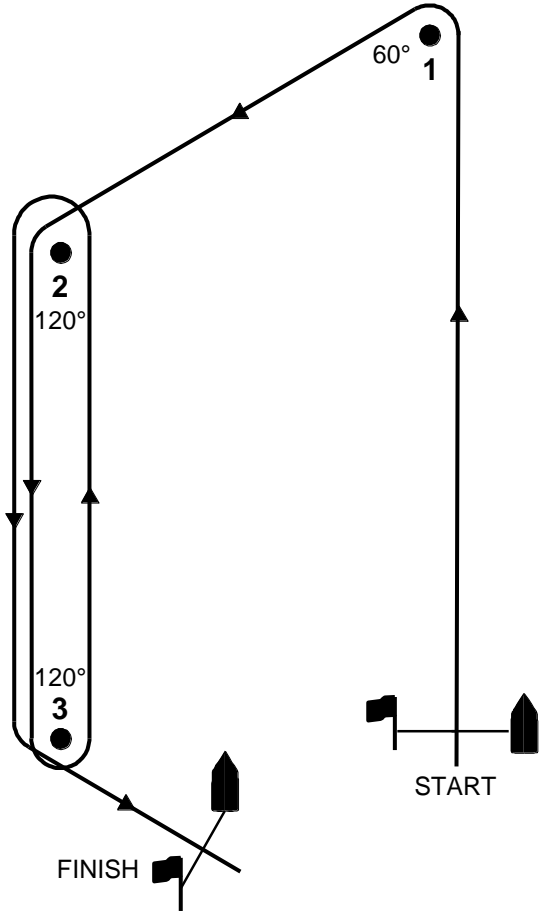
A Triangle-Windward-Leeward-Triangle Course



COURSE 2 – NUMERAL PENNANT 2

Trapezoid Courses

Outer Course (Course T0)



Inner Course (Course TI)

